



CAFE

SANDWICHES

Parsley Pesto Tuna \$11.95

Parsley Pesto tuna salad, red onion, sprouts, tomato and lettuce with mayo on Stone House North County Wheat bread

Lemon Parmesan Chicken\$10.95

Local baked chicken, tomato and lettuce with lemon parmesan mayo on Stone House focaccia bread

Classic Roast Turkey \$9.95

Local roast turkey, lettuce, tomato and mayo on Stone House 7-grain bread

● Spicy Dill Tofu.....\$8.95

Dill Tofu salad, spicy pickled veggies, red onion, tomato and sprouts with vegenaïse on Stone House North Country Wheat bread

BURGERS

● Veggie Burger.....\$7.95

House-made vegan burger, vegenaïse, onion, tomato, lettuce & pickle on a whole wheat bun

Local Beef Burger\$9.95

Classic beef burger, mayo, onion, tomato, lettuce & pickle on a whole wheat bun

SALADS

Walnut Chicken.....\$9.99

Lettuce, local chicken, walnuts, goat cheese, red onion, fresh parsley

Smoked Turkey Apple \$8.99

Lettuce, local smoked turkey, apple, Swiss cheese, red onion, sunflower seeds

● Kale Avocado.....\$7.99

Lettuce, avocado, tomato, cucumber, celery, kale

★ Culture & Greens..... \$8.99

Lettuce, local sauerkraut, (cabbage, beets, ginger) goat cheese, kale, red pepper

DRESSINGS: Lemon Vinaigrette • Avocado Ranch

BURRITOS INCLUDES PICO DE GALLO

Honey Lime Sriracha Chicken..... \$9.99

Marinated local chicken, cilantro lime rice, roasted veggies, black beans and cheddar cheese on a traditional tortilla

◇ Sriracha Veggie \$8.99

Cilantro lime rice, roasted veggies, black beans and cheddar cheese with sriracha sauce on a traditional tortilla

Add Guacamole-\$2.00 • Add Sour Cream \$1.00

Don't forget about our vegan option. Just ask!

HOT BAR

Soup

8 oz \$2.99 • 12 oz. \$3.99

16 oz. \$4.99 • quart \$9.49

Entrees..... \$9.99/lb

Beans & Rice\$4.99/lb



VEGAN



VEGAN OPTION AVAILABLE



VEGETARIAN

GLUTEN-FREE OPTIONS AVAILABLE / ALL PRODUCE IS ORGANIC

GRILLED SANDWICHES

OUR DELICIOUS HOT SANDWICHES TAKE AT LEAST 10 MINUTES TO GRILL

WRAPS

MADE WITH ORGANIC PRODUCE AND MOSTLY LOCAL MEATS

- Ham and Havarti \$9.95**
Ham, havarti cheese, tomato, with mayo and stone ground mustard on Stonehouse rye bread
- Tuna Melt \$11.95**
Parsley Pesto tuna salad, Havarti cheese, red onion, and tomato with mayo on Stone House North County Wheat
- ❖ **Tempeh Reuben \$10.29**
Tempeh, Swiss cheese, local sauerkraut and Russian dressing on Stonehouse rye bread
- Smoked Turkey Reuben \$11.95**
Local smoked turkey, Swiss cheese and sauerkraut with Russian dressing on Stonehouse rye bread
- Kimchee Reuben \$11.95**
Local smoked turkey, cheddar cheese, and kimchee with Russian dressing on Stone House Rye
- Turkey and Swiss \$11.95**
Local roast turkey, Swiss cheese, tomato with mayo on Stone House 7-grain bread
- **Grilled Veggie \$8.95**
Avocado, yams, red pepper, red onion, tomato with sundried tomato hummus on Stonehouse 7-grain bread
- ★ **Basic Grilled Cheese \$5.95**
Cheddar and provolone on Stone House North Country bread
- Smoked Turkey Grilled Cheese... \$9.95**
Swiss and Havarti cheese, local smoked turkey, tomato and red onion on Stone House North Country Wheat bread
- Smoked Turkey Apple \$9.95**
Local smoked turkey, apple, red onion, Swiss cheese, sunflower seeds, lettuce and cherry honey mustard
- Chipotle Chicken \$10.95**
Local chicken, avocado, tomato, red onion, lettuce with chipotle sauce
- ★ **Chipotle Tempeh \$9.49**
Tempeh, avocado, tomato, red onion, lettuce with chipotle sauce
- ★ **North End Veggie \$8.95**
Avocado, cucumber, tomato, red onion, sprouts, lettuce and sunflower seeds with sundried tomato hummus
- **Garden Green \$8.95**
Avocado, cucumber, tomatoes, carrot, red onion and lettuce with a creamy garlic cucumber dressing
- Smoked Turkey Kimchee \$10.95**
Local smoked turkey, kimchee, cheddar, lettuce with cherry honey mustard
- **Peanut Tofu \$7.95**
Spicy peanut tofu, rice noodles, cucumber, green onion, carrots, celery, red pepper, sprouts with peanut sauce
- Oryana Club \$9.95**
Local Smoked Turkey, Ham, Avocado, red pepper, and lettuce with cherry honey mustard and mayo



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COFFEES AND TEAS

ORGANIC

HOT DRINKS	12 oz	16 oz
Coffee - fresh brewed	\$1.89	2.39
Espresso	2.25	3.00
Latte	3.75	5.25
Cappucino	3.75	5.25
Americano	2.25	3.00
Shot in the Dark	3.25	5.25
Honey Cinnamon Latte	4.25	5.75
Maple Nutmeg Latte	4.25	5.75
Salted Caramel Latte	4.75	6.25
Lavender Latte	4.75	6.25
Mocha - housemade chocolate sauce	4.25	5.75
Peppermint Mocha	4.75	6.25
Coconut Mocha	4.75	6.25

ADD INS

Rice, Soy, Hemp, Coconut & Almond Milk add 50¢
Organic Flavors: Vanilla, Hazelnut, Caramel add 50¢

TEAS FROM LIGHT OF DAY ORGANICS LOCAL TEA FARM

Light of Day Hot Tea

12oz \$1.79 16oz \$2.89

London Fog with Honey

12oz \$4.25 16oz \$6.50

Hot Almond Milk Matcha Latte

12oz \$4.50 16oz \$5.95

Iced Coconut Milk Matcha Latte

12oz \$4.50 16oz \$5.95

Iced Black Tea - Classic

12oz \$1.79 16oz \$2.39

Iced Razzberry Green Tea

Green with fruit

12oz \$1.79 16oz \$2.39

Iced Humming Bird Nectar

Fruity with a hint of maple

12oz \$1.79 16oz \$2.39

SPECIALTIES

LEMONADE

MADE WITH FRESHLY JUICED LEMONS
12 oz \$2.00 16 oz \$2.50

LAVENDER LEMONADE

12 oz \$2.50 16 oz \$3.00

BLENDED

VANILLA FRAPPE - Blended iced coffee 16 oz \$5.95
MOCHA FRAPPE - Blended iced coffee 16 oz \$5.95

HOT COCOA

WITH HOUSE MADE CHOCOLATE
12 oz \$3.00 16 oz \$4.25

LAVENDER HOT COCOA

12 oz \$3.50 16 oz \$4.75

JUICE

MADE WITH ORGANIC
FRUITS AND VEGETABLES

Pick Me Up **12 oz** **16 oz**
\$5.95 **\$7.95**
 Carrot, apple and celery

The Works.....**\$7.95** **\$9.95**
 Beet, carrot, celery, apple and ginger

Green Goodness**\$7.95** **\$9.95**
 Apple, cucumber, celery, parsley and kale

Green Lemonade **12 oz** **16 oz**
\$7.95 **\$9.95**
 Apple, lemon, celery, kale and ginger

The Flu Shot 4 oz **\$3.75**
 Carrot, lemon and ginger

Hot Lemon Zinger 12 oz**\$4.50**
 Lemon, apple, ginger and honey

SMOOTHIES

MADE WITH ORGANIC FRUITS

Cherry Ginger..... **16 oz**
\$5.95
 Cherry, ginger, banana and apple juice

The Superior **\$7.95**
 Blueberry, cherry, banana, dates, goji berries
 and apple juice

The Ultimate **\$8.95**
 Blueberry, banana, peach, ginger, honey,
 nutmeg, flax seed and almond milk

Matcha Mango (12 oz.) **\$6.95**
 Matcha tea, mango, banana, coconut milk
 and apple juice

Michigander **\$5.95**
 Banana, apple juice, strawberries, and
 Michigan-grown cherries and blueberries

Perfect Strawberry Banana .. **16 oz**
\$6.95
 Strawberry, banana and coconut water
 (great with kale /add 50¢)

Raspberry Peach **\$6.95**
 Raspberry, peach, banana, coconut milk,
 honey and ginger

Create Your Own..... **\$5.95**
 Your choice of fruits, banana and apple juice
 Fruit choices: raspberry, strawberry, mango,
 peach, blueberry, cherry

Add-ins
 Hemp protein, flax, parsley, kale 50¢
 Local yogurt \$1.00
 Whey protein, super greens, avocado \$1.00



ORYANA COMMUNITY CO-OP

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PRICES ARE SUBJECT TO CHANGE