



# Natural Foods Market

A COMMUNITY COOPERATIVE SINCE 1973

## **Cucumber and Wakame Salad**

Adapted from *Friendly Foods*

Serves 4

3 cucumbers, peeled and thinly sliced  
1/2 teaspoon salt  
1/2 cup chopped wakame\*  
1/2 cup water  
6 tablespoons rice vinegar  
2 tablespoons mirin  
2 tablespoons extra virgin olive oil  
1/4 teaspoon dry ginger  
2 green onions, thinly sliced  
4 radishes, washed, trimmed and thinly sliced  
black pepper to taste

Toss all ingredients together and let sit in refrigerator, covered, for several hours before serving.

\*Soak wakame in cold water for 5 minutes to rehydrate